

# A Snapshot of Bullying in Australian Schools



- There are **3,893,834 students enrolled in 9,477 schools**.
- There are 4.7 million Gen Z, aged between 10-24, in Australia who are in schools and higher education providers.

- There are **2 billion** Gen Zs globally.
- Today's Gen Z students will make up one third (**33%**) of the Australian workforce by 2028.



## Bullying in schools is a serious problem in Australia

**80%** of students say that bullying is a problem in their school

**20%** of students say bullying is an extremely/very serious problem

**Three out of five students (59%) have experienced bullying.**  
That's 2.3 million students nationally.



**One in five students (20%)** admitted they had bullied another person.



**Of those who have experienced bullying...**



**One in five (20%)** experience bullying at least weekly



**One in twelve (8%)** of those who experience bullying suffering it daily



**Three out of five (57%)** say experiencing bullying upsets them a lot/great deal

## Types of bullying experienced by those who have been bullied include:



**50%**  
Verbal



**13%**  
Via social media



**20%**  
Physical

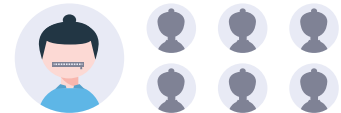


**11%**  
Via text message



**6%**  
Other (answers included social exclusion, gossiping, emotional/mental)

**One in seven students** who are bullied do not speak to anyone (14%). That's **340,656 students** in Australia who stay silent.



Bullied students who do speak up are most likely to talk to **parents (27%)** and **friends (24%)**.



# Impacts of Make Bullying History Foundation Seminars

## Evaluation of Bullying Seminar



96%

rated the seminar 'excellent', 'very good' or 'good'



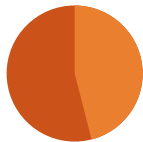
95%

found the seminar helpful



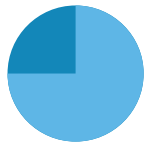
## MBHF improves student confidence to handle bullying

Students were asked how confident they were to deal with bullying before and after the seminar.



Before  
46%

One in two were extremely/very confident to handle bullying.



After  
75%

Three out of four were extremely/very confident to handle bullying.

## Impact of the seminar on school environment



83%

of students

are now extremely/somewhat likely to step in and stop bullying if they see it.



80%

of students

think their school will be a friendlier place after the seminar.



77%

of the students who bullied before are extremely/somewhat likely to stop bullying after attending the seminar.

## Who attends



Male



Female



Years 7-10

Years 11-12



Government schools

Independent schools

## Methodology

The MBHF surveyed students from 4th Sep 2017 to 22nd October 2018 with 840 people commencing the survey and 692 completes.

Source: McCrindle, ABS © 2019.

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